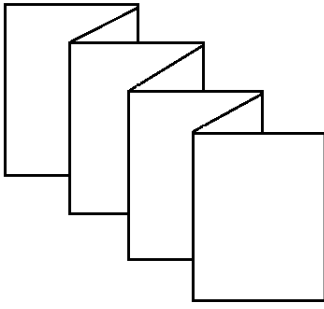


Make your own Book!

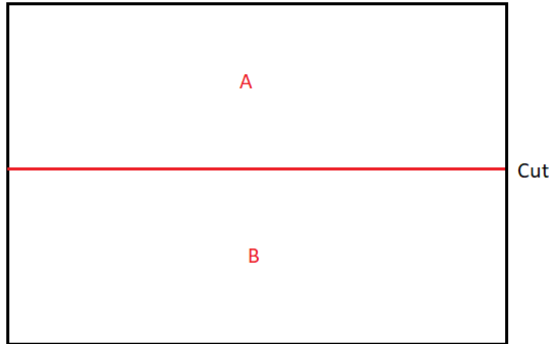


Record your finds in a nature diary!

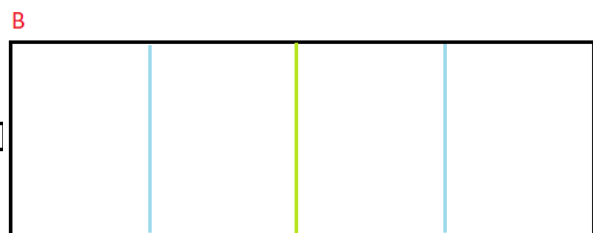
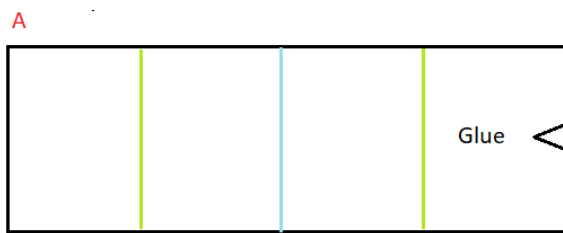
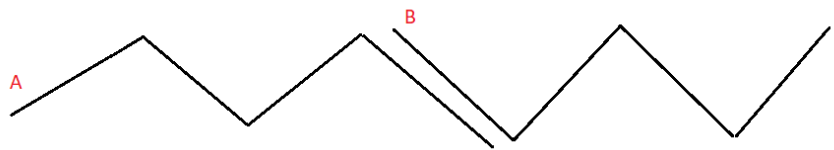
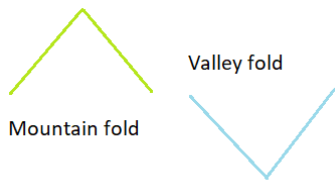


LOOK, LISTEN, TRACK

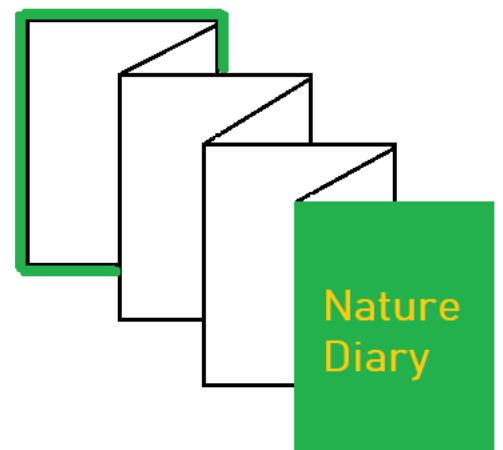
## Nature Diary



1. Cut a piece of paper in half (A4 works well), into two long rectangles
2. Carefully fold rectangle A in half towards you (mountain fold.) It now has two halves either side of a fold—fold each of these in half, but facing the other way, away from you (valley fold). Do the same for B, but start with a valley fold, followed by mountain folds.



3. You now have two pieces that look like zig-zags. Glue the end piece of A, and stick to the end piece of B, so it makes one long zig-zag.
4. This is your book! It is known as an 'accordion fold'. Why not add book covers made out of card and glue to each end, to protect your pages. You can decorate the cover of your nature diary.



Now you are ready to record your nature finds!